

1st European Grand Senior Championships 2026 in Vienna, Austria
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Official Practice on Saturday 31 January 2026

Each federation or group of federations will move one block of lanes after 8,20 minutes

Lanes / Time	09.00 - 10.30	11.30 - 13.00	14.00 - 15.30
Lanes 01-02	Austria (4)	Finland (4)	Germany (4)
Lanes 03-04	Iceland (4)	Czech Republic (4)	Slovakia (2) Lithuania (4)
Lanes 05-06		Wales (4)	Austria (4)
Lanes 07-08	Netherlands (4)	Romania (4)	Scotland (4)
Lanes 09-12	Israel (4)	Poland (4)	England (4)
Lanes 13-16	Denmark (4)	Scotland (4)	Israel (2) Italy (4)
Lanes 17-20	France (4)	Slovakia (4)	Czech Republic (4)
Lanes 21-24	Slovenia (2)	Lithuania (4) Kosovo (2)	Iceland (4) Hungary (2)
Lanes 25-28	Germany (4)	Spain (4)	France (4) Poland (3)
Lanes 29-30	Belgium (4)	Hungary (4)	Denmark (4)
Lanes 31-32	England (4)	Italy (4)	Belgium (2) Netherlands (4)
Total athletes	38	46	55